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East Passyunk Avenue lights up. 16

More than half of kids will be obese by age 35. 17

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DON'T GET DOWN

Metro sports columnist Glen Macnow still believes in the Eagles, and you should too. 18

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WELCOME TO METRO PHILLY

EVAN MACY, SPORTS EDITOR

On page 18, columnist Glen Macnow will reassure you about the Eagles. But I am concerned. Maybe they really aren't that good. Yeah, they are 10-2. And yeah, up until Sunday night's 24-10 loss to the Seahawks they were the favorites in the NFC to win the Super Bowl. And yes, we know, they are a team that had previously fired off nine straight wins including five straight with 30 or more points. The defense is stout. The offense has weapons. But if the playoffs started today, they would be the No. 2 seed in the NFC.

TRUMP OUTLINES CUTS TO UTAH MONUMENTS

1 President Donald Trump announced big cuts to Utah's sprawling wilderness national monuments on Monday, angering tribes and environmental groups that want to keep the areas off limits to development. Trump's announcement follows a months-long review by the Interior Department that he ordered in April to identify which of 27 monuments designated by past presidents should be rescinded or resized to provide states and local communities more control over how the land is used. Unlike national parks that can only be created by an act of Congress, national monuments can be designated unilaterally by presidents under the century-old Antiquities Act, a law meant to protect sacred sites, artifacts and historical objects.

CVS, AETNA EXECUTIVES DEFEND $69B DEAL

2 CVS and Aetna said their $69 billion deal to combine the pharmacy and drug benefit manager and the No. 3 U.S. health insurer would transform healthcare and deliver cost savings, but investors took a pessimistic view of the combination in the short term. CVS and Aetna announced on Sunday that they had reached an agreement for a deal that will allow CVS to expand cheaper medical services in its pharmacy-based MinuteClinics and rein in soaring U.S. healthcare costs for consumers, large corporations, and the government. CVS CEO Larry Merlo said on an investor call that he expects the deal to close in 2018 after an antitrust review, and that he expects $750 million in savings from eliminating duplicate corporate functions at CVS and Aetna and combining some drug health plan and drug benefit management areas.

GETTY IMAGES

HOT OFF THE PRESS

3 Government Publishing Office bookbinder Daniel Kinney trims the edges off copies of the official photograph of President Donald Trump on Monday in Washington, D.C. Thousands of copies of the photographs of Trump and Vice President Mike Pence will be packed and sent to more than 1,600 federal buildings across the world.

SOUTH KOREA AND US LAUNCH AIR DRILLS

4 The U.S. and South Korea went ahead with large-scale joint aerial drills, a move North Korea had said would push the Korean peninsula to "the brink of nuclear war", ignoring calls from Russia and China to call them off. The drills come a week after North Korea said it had tested its most advanced intercontinental ballistic missile capable of reaching the U.S. as part of a weapons program that it has conducted in defiance of international sanctions and condemnation. Chinese Foreign Minister Wang Yi said it was "regrettable" that all parties had not "grasped the window of opportunity" presented by two months of relative calm before the North's most recent test. China and Russia had proposed that the U.S. and South Korea stop major military exercises in exchange for North Korea halting its weapons programs.

FACEBOOK ROLLS OUT APP FOR KIDS UNDER 13

5 Facebook rolled out Messenger Kids, an app that lets the social media company expand into a so-far untapped market of kids under 13 while also giving parents complete control over what their children see. Facebook normally requires users to be at least 13 years old. The new app gives it a chance to win brand loyalty from younger children at a time when it faces competition for teenagers from other social media platforms such as Snapchat. There already are a handful of other apps that children can use with parental consent, and kids can communicate with each other using texting on cellphones. Facebook said research showed young children were already using technology on a regular basis — but on apps built for teens and adults, raising concern among parents that their children might be communicating with strangers.

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Tony's METRO MAGIC

As we enter the season of giving, Metro asks that you donate to Tony's Metro Magic annual holiday toy drive to help underprivileged children in your community. You can donate by visiting metro.us/magic, clicking on the toy wish-list link of your choice, and ordering via a secure payment system. Toys will then be distributed to local children in need.

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PHILADELPHIA EYE ASSOCIATES

Building collapse victims' parents question how architect still has license

The architect who oversaw the 2013 demolition that caused a building collapse at 22nd and Market still has his state license.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Former Philadelphia City treasurer Nancy Winkler has been fighting for justice ever since her daughter, Anne Bryan, 24, and six others were killed in the tragic 2013 building collapse at 22nd and Market streets.

In May, as part of that quest, Winkler went to Harrisburg to attend a meeting of the state's architects licensure board, intending to deliver a statement about the death of her daughter. Winkler wanted to know why the architect who oversaw the demolition that killed her daughter, Plato Marinakos, had still not yet lost his state license.

But she did not get to speak. Instead, she got thrown out.

"I signed in, and some staff pulled me aside and asked me to leave the meeting," Winkler said at a press conference Monday. "They felt it would be prejudicial to the review. I complied with their wishes."

Winkler, her husband Jay Bryan, and attorney Robert Mongeluzzi, who helped win a record-setting $227 million verdict for victims of the Salvation Army building collapse, on Monday questioned publicly why the state licensing board has not yet issued any response to a complaint Bryan filed against Marinakos two years ago.

Jurors at the civil trial found Marinakos, along with the late Richard Basciano, the developer who had ordered the demolition of a former Hoagie City store at that location to turn it into a parking lot, responsible for the collapse.

General contractor Griffin Campbell was convicted and got 30 years, and backhoe operator Sean Benschop pleaded guilty and got 15 years, on criminal charges related to knocking down a free-standing wall near 22nd and Market streets that fell on the adjacent Salvation Army store, which was open and had customers inside, including Bryan, who lost her life along with six others. A dozen were seriously injured.

Jurors found Marinakos' conduct in overseeing the shoddily-run construction by inexperienced demolition workers "extreme and outrageous."

But the response by the Architects Licensure Board to the grieving parents' request that Marinakos' license be "stripped and revoked" has been no response at all, they say. Questions about the delay have also been met with silence or at most, the reply that the board can't comment on pending investigations.

A spokeswoman told Metro the board "can neither confirm nor deny whether any specific licensee is under investigation."

Marinakos did not respond to requests for comment. But his work website is still active, and Winkler said she has seen his business signs in windows around the area, so she believes he is continuing to work.

"There ought to be consequences for such a catastrophic breach of duties," Bryan said.

Plans are still moving forward for a memorial to the collapse victims at the site of the tragedy that made international news. And for family of victims like Anne, the pain has never gone away.

"We're facing our fifth Christmas without Ann," Winkler said. "The loss is just as real now as it was on June 5, 2013."

Nancy Winker, mother of building collapse victim Ann Bryan, wants to know why architect Plato Marinakos (pictured, rear) who oversaw the demolition that killed her daughter, still has a license. SAM NEWHOUSE

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From left, Quasir Wingate, Isheem Young and Rafi Johnson are charged with robbing a South Philly Wawa. PPD

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High school football star arrested for Wawa robbery

A Penn State draftee is among the trio charged with stealing $13,500 from a South Philly convenience store.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

A rising Philly football star is charged with robbery after police identified him in connection with the late July robbery of a Wawa on Columbus Boulevard in South Philly.

The Dec. 1 arrest of Isheem Young, 18, a Penn State draftee from Philly listed as ranking 11th in the state, led to him missing Imhotep Charter's victorious playoff game that night over Bethlehem Catholic High, 34-14.

He was dropped from Penn State's commitment list for the class of 2018 over the weekend as well, ESPN reported. He is not likely to join the team for the championship in Hershey as his bail has been set at $150,000.

Before becoming a star at Imhotep Charter, and committing to Penn State in July, Young had played for the Cecil B. Moore Stingrays and Northwest Raiders, a team with which he made national headlines at age 15 by scoring four touchdowns in the team's first Pop Warner National win.

But now Young is in the news for walking into the Wawa on Columbus between Tasker and Morris streets July 30 around 12:05 p.m. with a handgun pointed at employees.

After he pointed a gun at one employee and demanded they open the safe, the other employee, former Wawa assistant manager, Young's older brother and alleged co-conspirator, Quasir Wingate, 21, reportedly opened the store's safe. Police say he handed over $13,600 in $1 and $5 bills to his brother before Young allegedly retreated to a gold Buick Century and fled.

Four months later, police say, on Nov. 30, a police officer spotted the getaway vehicle parked on the 200 block of West Seymour Street in Germantown. The vehicle's owner, Rafi Johnson, 21, was taken into custody while police were towing his car, and quickly identified as the getaway driver.

On Dec. 1, police arrested Wingate and Young at their residence on the 1600 block of Mount Vernon Street in the Spring Garden area.

All three men are charged with aggravated assault and robbery.

"The hooded sweatshirt worn by Young during the robbery was also recovered," the police report stated. "Neither the money nor the weapon has been recovered at this time."

Meek Mill's fight continues as his bail motion is refused by judge

Philly rapper Meek Mill remains incarcerated on probation violations. GETTY IMAGES

Supporters of Meek now say the judge's financial disclosure forms are full of holes.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

The Philly judge who sentenced rapper Meek Mill to two to four years in prison for probation violations last month has not had her opinion swayed one iota by the massive national outpouring of criticism of her sentence, she said in a new ruling.

Judge Genece Brinkley on Monday denied a bail motion filed by defense attorneys for Meek, 30, real name Robert Rihmeek Williams, and wrote that the rapper remains "a danger to the community."

The decision was denounced by Meek's attorney Joe Tacopina, who has claimed Brinkley is biased against the rapper.

"As stated on multiple occasions, he has never missed a previous court date in this case and poses absolutely no threat to the community, which makes him an ideal candidate for bail — a conclusion the commonwealth did not oppose," Tacopina said in a statement. "We intend to immediately appeal this decision, so Mr. Williams can be released from prison on bail while we continue to work to overturn this wrongful and unjust sentence."

Tacopina is requesting Brinkley recuse herself from Meek's case, which she has overseen since his 2007 arrest and subsequent eight-month prison sentence for illegal possession of a gun.

Tacopina has claimed that in sending Meek to prison, against the wishes of prosecutors and probation officers, Brinkley was acting on a personal vendetta against the rapper.

Meanwhile, organizers from a coalition of social justice groups organizing on behalf of Meek Mill and criminal justice reform added fuel to the fire when they announced on Monday the discovery of some omissions in Brinkley's personal financial disclosure forms. (Brinkley declined to comment on her disclosure forms or personal holdings.)

"It does establish a pattern of unethical behavior for this judge," attorney Jessica Jackson Sloan, national director of #cut50, a criminal justice reform group, said of the revelations in Brinkley's disclosure forms. "If we can't trust a judge or public servant to be transparent and ethical, I don't think they should be trusted with power over people like Meek's lives."

Sloan wants the court system to investigate Brinkley's disclosure forms over discrepancies related to her Frankford property on the 5000 block of Penn Street. Brinkley is still listed as co-owner of the property in city records, but it does not appear on disclosure records after 2010 viewed by Metro.

Other properties, including two others in Frankford on Wakeling Street, also appear then disappear from disclosure forms.

Sloan wants the court system to review Brinkley's holdings and disclosure forms for any other improprieties, she said.

"She's been given a lot of power over Meek Mill," Sloan said. "I've got some serious questions about whether she should have that power, given her failings to act in a credible manner. … Meek is fortunately enough a celebrity … but it scares me to think how many other people have come to her courtroom and may have also been subjected to unethical treatment."

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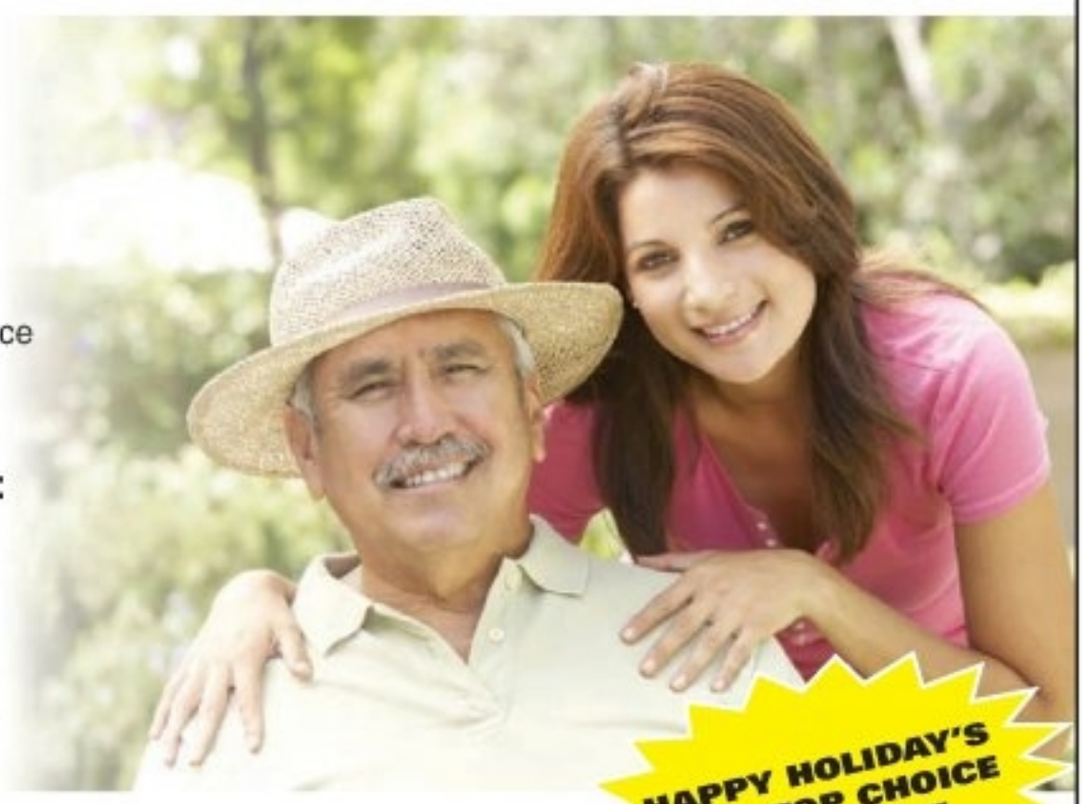

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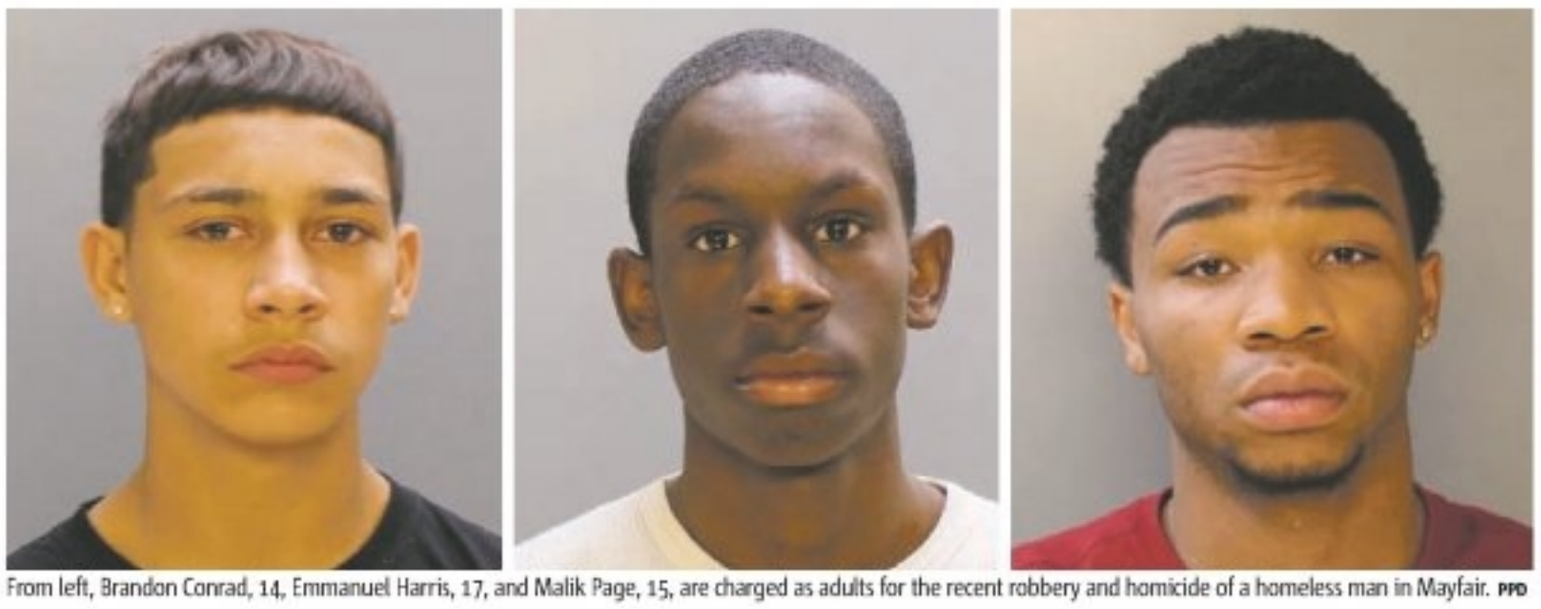

From left, Brandon Conrad, 14, Emmanuel Harris, 17, and Malik Page, 15, are charged as adults for the recent robbery and homicide of a homeless man in Mayfair. PPD

Teens to be charged in homeless man's death

A 57-year-old homeless man was left to die on the sidewalk after Thanksgiving.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Police announced Monday that they have charged three teenagers as adults for the death of a homeless man during a robbery in Mayfair.

Brandon Conrad, 14, and Malik Page, 16, both of Oakmont Street near Torresdale Avenue, are charged with murder, conspiracy and robbery, while Emmanuel Harris, 17, of the 4400 block of Shelmire Street, is charged with attempted murder. All three were arrested on Sunday.

Police say the group of teenagers, all students at Abraham Lincoln High School, accosted victim Kevin Cullen, 57, just before 6 p.m. on the 4200 block of Loring Street in Mayfair on Sunday, Nov. 26, after Thanksgiving.

The trio beat the victim so hard against a nearby brick wall, one neighbor later told police she felt it inside her house. Witnesses also told police the teens laughed as they fled the scene.

"They were laughing, like it was funny," a witness told 6ABC. "They hit his head into a wall so hard I felt it in my house on the second floor."

Police called to the scene discovered Kevin Cullen, 57, unconscious with his pockets turned inside-out, police said. Some 12 hours later, he was pronounced dead at Aria Torresdale Hospital.

Cullen was described by authorities as being transient or homeless. An obituary described him as a lifelong resident of the Mayfair neighborhood and a 1979 graduate of Father Judge High School.

TRAVEL BAN

US top court lets Trump's latest travel ban go into full effect

The U.S. Supreme Court on Monday handed a victory to President Donald Trump by allowing his latest travel ban targeting people from six Muslim-majority countries to go into full effect even as legal challenges continue in lower courts.

The court, with two of the nine justices dissenting, granted his administration's request to lift two injunctions imposed by lower courts that had partially blocked the ban, which is the third version of a contentious policy that Trump first sought to implement a week after taking office in January.

The high court's action means that the ban will now go fully into effect for people seeking to enter the United States from Iran, Libya, Syria, Yemen, Somalia and Chad. Lower courts had previously limited the scope of the ban to people without certain family or other connections to the United States.

Trump's ban also covers people from North Korea and certain government officials from Venezuela, but lower courts had already allowed those provisions to go into effect.

The nine-member high court said in two similar one-page orders on Monday that lower court rulings that partly blocked the latest ban should be put on hold while appeals courts in San Francisco and Richmond, Virginia weigh the cases. Both courts are due to hear arguments in those cases this week.

Two of court's liberal justices, Ruth Bader Ginsburg and Sonia Sotomayor, said they would have denied the administration's request.

The ban was challenged in separate lawsuits by the state of Hawaii and the American Civil Liberties Union. Both sets of challengers said the latest ban, like the earlier ones, discriminates against Muslims in violation of the U.S. Constitution and is not permissible under immigration laws. REUTERS

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Donald Trump gives aides assignments and orders them not to tell Chief of Staff Kelly

The president seems determined to slip the shackles of professionalism.

MICHAEL MARTIN
@MetroPhilly
letters@metro.us

Months after Chief of Staff John Kelly arrived to limit outside advisers' access to the president — and President Trump started to chafe at the orderliness — Trump has started to execute end runs around Kelly, giving aides assignments on the downlow and telling them to keep it secret.

Trump has occasionally summoned White House aides to the private residence at night, giving them tasks and instructing them not to tell Kelly, The Wall Street Journal reported Monday, adding that at least once aides have declined to execute the task so as not to tick off Kelly.

Trump's determination to slip the shackles of professionalism has led to creativity. To get around phone protocols established by Kelly, some of the president's friends have started calling first lady Melania Trump and asking her to pass messages to her husband, the Journal reports. "If I don't want to wait 24 hours for a call from the president, getting to Melania is much easier," one of the president's besties told the paper.

A spokesperson for Melania Trump denied that: "This is more fake news and these are more anonymous sources peddling things that just aren't true. The first lady is focused on her own work in the East Wing."

The White House has not commented on the report.

Although Kelly has gotten a handle on the wild West Wing ineffectually overseen by former Chief of Staff Reince Priebus — in which various family members and advisers waltzed into the Oval Office to command the president's eye or ear at leisure — he has not been able to prevent Trump from shooting himself in the foot with Twitter, which the president did spectacularly over the weekend via a tweet that implied he committed obstruction of justice when firing FBI director James Comey.

Although John Kelly (left) has gotten a handle on the wild West Wing ineffectually overseen by former chief of staff Reince Priebus, he has not been able to prevent Trump from shooting himself in the foot on Twitter. GETTY IMAGES

"John has been successful at putting in place a stronger chain of command in the White House, requiring people to go through him to get to the Oval Office," said Leon Panetta, a White House chief of staff under President Bill Clinton who worked with Kelly, at the Department of Defense. "The problem has always been whether or not the president is going to accept better discipline in the way he operates. He's been less successful at that."

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How to check if Google is secretly recording (and saving) your voice

You may want to check your Voice & Audio Activity settings.

LENYON WHITAKER
@MetroPhilly
letters@metro.us

Aside from storing your search results and cookies data, Google can also listen to and store what you're saying if you have their voice features enabled. GETTY IMAGES

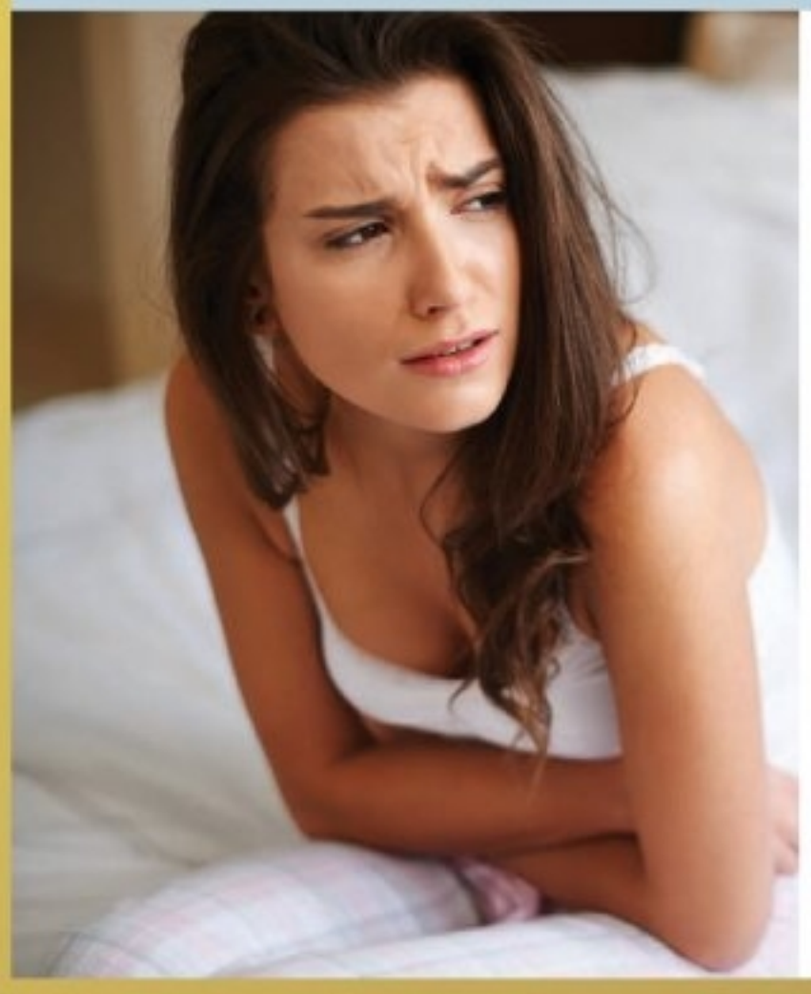
Is Google secretly recording everything you say?

According to Google, its Voice & Audio Activity function helps Google "recognize your voice and improve speech recognition by storing your voice and audio inputs to your account." But if you're skeptical of technology, here's how to find and delete the recordings.

Log in to your Google account. Go to myactivity.google.com and you'll see a detailed list of all the sites you've visited along with places you've searched for on Google Maps and what videos you've watched on YouTube. On the left side of the window, click Activity Controls. Once there, scroll down to Voice & Audio Activity and click Manage Activity. You'll be able to search for voice recordings stored in Google.

If you've used the "OK Google" through Google Assistant command to search for something on the web, or have tapped the microphone icon to speak directly to your device, you may be interested in seeing what Google has saved. According to Google, the company "records your voice and other audio, plus a few seconds before," when you use those functions. Google notes that it records your voice to help its devices learn the sound of your voice and how you say words and phrases.

Are you suffering from
Endometriosis?



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Holiday music is bad for your mental health, says science

A Consumer Reports survey found that 23 percent of Americans dread holiday music. GETTY IMAGES

Good news: Science has reaffirmed that you're not a sociopath in December, just a sentient human being with the power of hearing. Psychologists have found that holiday music can negatively impact your mental health.

It has to do with the "mere exposure effect," which is a term for the U-shaped relationship between how much we hear music and how much we like it. And because holiday music streams within nearly every public space this time of year, not-liking reaches epidemic proportions: Even if you love Christmas tunes, your pleasurable feelings upon hearing it peak at a certain point, after which, feelings like boredom and annoyance take over.

Holiday music tends to exacerbate our current emotional state, whatever that may be. If you have warm memories of the holidays, seasonal music is likely to boost your emotional state, while if December's festivities cause you stress, Christmas tunes can be triggering, says Victoria Williamson, Ph.D., who researches music psychology.

It can also be negatively distracting, decreasing employee productivity and increasing irritation among consumers. A Consumer Reports survey found that 23 percent of Americans dread holiday music. "People working in the shops [have to tune out] Christmas music, because if they don't, it really does stop you from being able to focus on anything else," says clinical psychologist Linda Blair.

Also know that the speed of holiday music you hear can affect your buying habits. Slow tempos slow shoppers down, while faster music can hustle shoppers out of a store, says marketing professor Eric Spangenberg, who has studied the effect of holiday music in retail stores. MICHAEL MARTIN

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Can men actually be allergic to sex? Yes, and so can women

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MEAGAN MORRIS
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Post-orgasmic illness syndrome (POIS) is a rare illness that gives men flu-like symptoms. ISTOCK

There might be another reason why men roll over and go to sleep after sex: They're not feeling so good.

Post-orgasmic illness syndrome (POIS) is a rare illness that gives men flu-like symptoms — like extreme fatigue, high fever, weakness, congestion — within about 30 minutes of ejaculation. The first case wasn't documented until 2002, but researchers from Tulane University School of Medicine in New Orleans say more research is needed to uncover the "prevalence, pathophysiology and treatment of this debilitating condition."

The reason doctors don't know much about it is simple: It's so rare — only about 50 cases have emerged around the world — so the need for research isn't really there. However, studies into POIS point to a couple of possible causes: Either it's an auto immune reaction to a semen allergy or affected men have another underlying condition that affects their opioid receptors, including endorphins.

POIS might only affect men, but women can also be allergic to sex — or, more specially, semen.

"It's really a very rare condition, but it does happen," allergist and immunologist David Resnick at New York Presbyterian Hospital told LiveScience.

The response to the allergy differs from woman to woman: Some are allergic to all semen, while others react only to certain partners. There's a small group of women who aren't allergic to the actual semen, but to allergens from foods and chemicals in the semen.

This type of allergy doesn't have a cure. Some women outgrow it, while others are treated with small amounts of semen to help desensitize their bodies to it.

The same goes for POIS: There's no cure, but it's typically treated with antihistamines, benzodiazepines and serotonin reuptake inhibitors. Somehow we don't think the results of sex will keep any man from participating in it, though.

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SPECIAL ADVERTISEMENT FEATURE PAGE

New heaters go to Pennsylvania residents by zip code

A limited supply of brand new heaters are being delivered to all Philadelphia area residents who find their zip code listed below and call before the 48 hour order deadline ends to get the new Hybrid-Thermic L.E.D. Heaters that drastically slash home heat bills

PENNSYLVANIA – The Toll Free Hotlines are ringing off the hook.

That's because Philadelphia area residents who find the first three digits of their zip code listed in today's publication are getting in on a limited supply of new Hybrid-Thermic® L.E.D. heaters that quickly put a stop to high heat bills forever.

Philadelphia area residents who get the new Heat Surge® Efficiency Plus Heaters by calling the Toll Free Hotlines before the 48-hour order deadline ends will never have to pay high heat bills again.

"We all know that cold weather is about to set in and heat bills are going to skyrocket this winter. That's why I've given the directive to give the first Philadelphia area residents who call in the next 48 hours a massive discount on our beautiful Efficiency Plus Fireplace Heaters," said David Martin, General Manager of U.S. based Heat Surge.

And here's the best part. Everyone who calls the Toll Free Hotline is getting a massive discount allowing them to claim the heaters for just $159 with free shipping and handling, and now with free remote control as long as they call before the 48-hour deadline ends.

Demand for Heat Surge heaters has skyrocketed to stardom ever since consumer reviews surfaced showing just how much money ultra-efficient zone heat saves people on heat bills which is why this announcement is being so widely advertised.

According to the avalanche of consumer reviews for the original Heat Surge heaters, people absolutely swear by them, repeatedly saying, "it saves money," "looks beautiful," and "keeps you warm and cozy." That's why Philadelphia area residents will be scrambling to get them starting at precisely 8:30am this morning.

In fact, it gives you 74° of bone-soothing room heat even when the home thermostat is turned down to 59°. That means you can zone heat and never be cold again. And since it only uses about the same energy per hour as a coffee maker you'll save a ton on your heat bills, too.

"We're bracing for all the calls and to make sure everyone gets their new Heat Surge Efficiency Plus Heater before the harsh winter weather hits, UPS® drivers have been instructed to make home deliveries anywhere in the United States," Martin said.

"Just remember, to get your new heater you must find the first three digits of your zip code listed in today's publication and be one of the first area readers to call the Toll Free Hotline at 1-866-300-7684 before the 48-hour deadline ends," he said. ■

■ **ON THEIR WAY NEW:** Heat Surge Efficiency Plus Heaters with L.E.D. *Fireless* Flames, Hybrid-Thermic, infrared and convection heat technology, digital thermostat, a timer and remote control will soon be delivered to lucky Philadelphia area residents who beat the 48-hour order deadline and live in one of the zip code areas listed in today's publication. Everyone's getting the Upstairs-Downstairs Efficiency Combo of two Heat Surge Efficiency Plus Heaters because they only use pennies an hour of electricity to drastically slash home heat bills.

▶ Who gets the heaters:

Listed below are the zip codes that get the new heaters. If you find the first three digits of your zip code listed below immediately call the Toll Free Hotline at: **1-866-300-7684 EXT.HSD234**

150	155	160	165	170	175	180	185	190	195
151	156	161	166	171	176	181	186	191	196
152	157	162	167	172	177	182	187	192	
153	158	163	168	173	178	183	188	193	
154	159	164	169	174	179	184	189	194	

▶ How It Works:

You get 74° of bone-soothing room heat even when the home thermostat is turned down to 59°

This is the Heat Surge Efficiency Plus Hybrid-Thermic L.E.D. Heater with digital thermostat and remote control. This modern marvel is being called a miracle because its micro design uses just a trickle of electricity so you can turn down your thermostat and use its ultra-efficient zone heat to save a ton of money on heat bills based on a U.S. average that says it uses only pennies of electricity an hour, yet it produces up to an amazing 3,685 British Thermal Units (BTUs) delivering a full 1,200 watts on the standard setting. Available in 3 beautiful wooden finishes, the Heat Surge Efficiency Plus is a showpiece in any room. That's because it has the ambiance of a real fireplace, but it has no real flames. Its *Fireless* Flame® technology makes it safe to the touch.

ZONE HEATING SLASHES HEAT BILLS: Notice how the home thermostat is set at 59°. The left shows the Heat Surge Hybrid-Thermic L.E.D. Heater blanketing the whole room with 74° of warmth.

At just 13.44"W x 9.43"H x 6.63"D and weighing only 12lbs, the Heat Surge Efficiency Plus Heater is ultra portable and comes fully assembled so when it arrives, all you do is just plug it in.

▶ How to get the new heaters:

Immediately call before the 48-hour deadline ends at **1-866-300-7684**

The Toll Free Hotlines are only open for the next 48 hours beginning at precisely 8:30am this morning. If you miss the deadline you'll be turned away from this offer and forced to wait for future announcements in this publication or others, if any. So if lines are busy keep trying, all calls will be answered. Only the first Philadelphia area callers who beat the order deadline and live in one of the Philadelphia area zip codes listed above will be permitted to get the Heat Surge Efficiency Plus Heater shipped anywhere in the U.S. at a massive discount and cover just $159 with free shipping, handling and free remote control to drastically slash home heat bills to stay warm all winter long.

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the word

Chris and Anna's 'irreconcilable differences'

Poor Pratty. ALL PHOTOS GETTY IMAGES

Chris Pratt — known to you, perhaps, as the main guy from "Guardians of the Galaxy" — has officially filed for divorce from Anna Faris. As expected.

The former couple — who announced their separation in August — were married for about eight years. In the divorce filing, Pratt cited irreconcilable differences and requested joint custody of their 5-year-old son, Jack. According to TMZ, it is unclear whether either has asked for the right to receive child support.

When announcing their split on Facebook and Instagram, Pratt and Faris wrote that coming to the decision to separate was difficult for them both. "We tried for hard for a long time and we're really disappointed," they wrote. "We still love each other and will always cherish our time together."

We said it before, we've said it a million times since, and we'll say it again now: Love is dead, or whatever.

Why Sammi is skipping the GTL reunion

Come back, Sammi! Or prioritize your mental health, whichever.

The sacred GTL is returning with "Jersey Shore: Family Vacation." But Sammi "Sweetheart" has opted out — for a very obvious reason.

On her podcast, "It's Happening," Snooki explained, promising she wouldn't speak for Sammi. She then proceeded to do just that.

"There was a lot of Ron and Sam drama when we did film, it was just really hard on them," she said. "I just think she doesn't want that anymore."

Still, the cast is trying to persuade Sammi to join. "We're all begging her to come back on the show," Snooki said. Only time will tell.

'Long Island Medium' didn't see divorce coming

Another day, another divorce: The "Long Island Medium" herself, Theresa Caputo, is splitting from her husband, Larry. But did she see it coming?

The couple, who is splitting after nearly three decades of marriage, made the choice to legally separate and give a joint statement to Page Six, to ensure that everyone knew it.

"We will always love each other and our two wonderful children. We are united in supporting each other and out family. Please respect our privacy during this time." Ah yes, the classic statement asking for privacy while permitting the entire world to glimpse your dirty laundry.

It really, really feels like one of those spirits she communes with could have told her this was going to happen, but, you know. Can't win 'em all.

The higher the hair, the closer to — oh, whatever.

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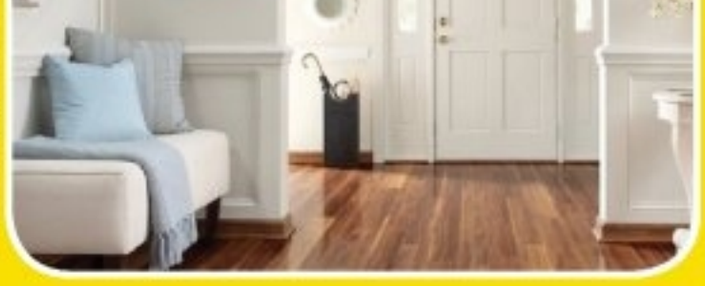

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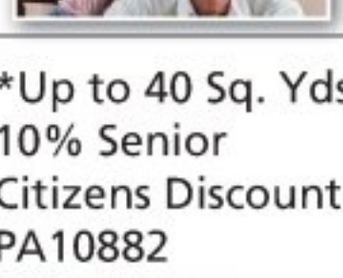

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There's a holiday party happening at The Shops at Liberty Place

'Tis the season for shopping, food and music.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

If you're looking to liven up your Tuesday, look no further than Center City. The Shops at Liberty Place are hosting House of Claus: A Holiday Soiree from 6 p.m. to 8 p.m.

The swanky holiday party will feature delicious food from Philadelphia area restaurants like Ocean Prime, Square 1682, Davio's Northern Italian Steakhouse as well as drinks from Grace Winery and Bluebird Distilling.

In addition to food and drinks, there will also be live music from Exit 22 Jazz Quartet as well as models showing off the latest holiday looks.

The Shops at Liberty Place will also provide swag bags to attendees chock full of offers from shops within the retail space that include holiday newcomers like Bella Turka (jewelry store), Never Too Spoiled (boho chic fashion and accessories), Old City's Fezziwig's Sweet Shoppe and Philly Socks.

"We wanted to kick-off the 2017 holiday season with a bang this year," says Retail Shops Manager, Jill Scarlett. "And what better way to celebrate the holidays than with food, festive cocktails and fashion? House of Claus will be Philly's biggest and best holiday party."

What's more, the evening has a charitable component, with proceeds from the event benefiting Variety, a nonprofit helping kids in need.

You can purchase tickets with a $10 donation online.

If you go

'House of Claus: A Holiday Soiree' at The Shops at Liberty Place
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Get into the holiday spirit at The Shops at Liberty Place. PROVIDED

East Passyunk Avenue lights up for the holidays

Nothing says Christmas like a 17-foot tree and limoncello samples.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

For the first year, East Passyunk gets a real tree, and it's 17 feet tall! ALL PHOTOS BY KORY AVERSA

There was entertainment for the whole family at the tree lighting.

Fuel was at the event with samples of their healthy menu.

On Thursday, Nov. 30, over 1,000 people came out to East Passyunk Avenue for their annual Christmas Tree Lighting.

Santa made an appearance to the delight of the crowd in a bucket truck and used his magic wand to light up the Christmas tree at the Singing Fountain.

CBS 3 Meteorologist Chelsea Ingram also served as emcee, broadcasting the tree lighting on the evening news.

Speeches were given by Pennsylvania Sen. Larry Farnese and Councilman Mark Squilla.

Pollyodd, a distillery that serves up flavored limoncello, and Fuel, a health conscious local restaurant chain, were also on site serving free samples.

East Passyunk Avenue Business Improvement District (EPABID) Executive Director Pam Zenzola says, "The Christmas tree lighting at the Singing Fountain kicks off an entire month of merrymaking on East Passyunk. We had over 1,000 people come out to ring in the holidays with us — we couldn't be more thrilled. This was the first time we had a real live Christmas tree in modern history and the 17-foot Frasier fir is absolutely stunning. Thanks to everyone for making it a great night in South Philly."

The tree lighting was presented by both EPABID and Passyunk Avenue Revitalization Corporation. It kicks off "Deck the Avenue" — a month-long serious along East Passyunk Avenue that features recurring events like Shopping Saturdays and Wish List Wednesdays.

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wellbeing

If current trends stay the same, the majority of Americans will grow up to be obese. ISTOCK

More than half of American kids will be obese by age 35

A new study from Harvard University's TH Chan School of Public Health predicts an unhealthy future for America's youth.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

The future of America's children is looking bleak, healthwise: A new study found that more than half of them will be obese by the age of 35.

To arrive at these conclusions, researchers at Harvard University's TH Chan School of Public Health compiled height and weight data collected from 41,000 adults and children over the course of five national studies in 2016. Using that information, they created virtual population models to project what the body mass index (BMI) of a million children 19 years old and younger would be up to 35 years of age.

The new research, published in the New England Journal of Medicine, predicts that more than 57 percent of children today will be obese by the time they turn 35, and roughly half will develop obesity during childhood. Healthy-weight children are at risk, too, with a 50 percent chance of becoming obese by age 35. For currently obese children, the risk is higher: three out of four obese two-year-olds are predicted to still be obese at age 35.

The Centers for Disease Control defines obesity in adults as having a BMI of 30 and above; in children, it's a BMI at or above the 95th percentile of same-age, same-sex peers. According to current data, more than one-third of adults are obese, and around 17 percent of children.

The news is troubling, of course, because obesity brings with it a host of health problems.

"Adult obesity is linked with increased risk of diseases such as diabetes, heart disease, and cancer," said Zachary Ward, lead author of the study and an analyst at Harvard Chan School's Center for Health Decision Science. "Our findings highlight the importance of prevention efforts for all children as they grow up, and of providing early interventions for children with obesity to minimize their risk of serious illness in the future."

No bone treats for Fido

Bummer for Benji: FDA finds that bone treats are no longer safe. ISTOCK

A good bone makes any dog's day, but turns out the pupper pastime might not be safe for Fido.

After receiving around 68 reports of dogs getting sick and 15 dying after eating "bone treats," the FDA has released a statement advising pet owners not to give their dogs these chews.

Bone treats, which the FDA defines as bones that are "processed and packaged for sale as dog treats," include products described as "ham bones," "pork femur bones," "rib bones," and smokey knuckle bones." (No brand names were mentioned in the report.) According to the FDA, these treacherous treats have caused gastrointestinal blockages, choking, vomiting, diarrhea, bleeding from the rectum, cuts in the mouth or on the tonsils, and death.

To be on the safe side, stick to hard rubber toys like Kongs and Nylabones, suggests the Humane Society. Even popular choices like tennis balls, rawhides and soft stuffed toys can present choking hazards because they break down easily.

As for real bones, the FDA warns against giving your dogs cooked poultry, pork or steak bones, too, because they tend to splinter and can cause choking and other digestive issues. The statement doesn't address the safety of uncooked or raw bones, but according to PetMD, even those can lead to intestinal blockages.

Veterinarian Dr. Carmela Stamper, who works at the Center for Veterinary Medicine at the FDA, recommends "supervising your dog with any chew toy or treat, especially one she hasn't had before," and calling your vet if you notice any signs of discomfort.

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TAKE A BREATH AND RELAX, EAGLES FANS

The Eagles will set up "camp" in Southern California for the week before next Sunday's game in Los Angeles against the Rams. GETTY IMAGES

GLEN MACNOW

OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades. @realglenmacnow

You woke up Tuesday and the aftertaste was just as sour. Why the hell didn't Doug challenge that forward lateral? How could Wentz be so sloppy to fumble going into the end zone? And what do those NFL refs have against our team anyway?

Certainly, the Eagles Sunday night loss in Seattle didn't digest any better after too few hours of restless sleep. Perhaps you sat at the kitchen table, foggily fretting over playoff permutations now that the Vikings have passed the Birds as the No. 1 NFC seed.

And maybe, by the third cup of coffee, perspective set in.

Hey, I'm not going to tell you the nationally televised 24-10 defeat to a desperate Seahawks team was anything other than what your eyes saw: A hesitant coaching calamity by Doug Pederson and Jim Schwartz. A mistake-filled regression by Carson Wentz and the offensive line. A flag-filled night of ticky-tack fouls — some earned by the Eagles, some bonused by the refs.

It was the game we all feared was lurking. The recent rap was that the Eagles only crushed powder-puffs. So this debacle cued the chorus of: "See! They can't keep up with a real contender!" All those weeks of good will Pederson earned eroded in a Super Moon night where he evoked the ghost of Andy Reid Past.

But my advice, which will contradict the bubbling magma of hot takes this week, is to take a deep breath and put this all in perspective.

You didn't expect the Eagles to go 15-1, did you? You didn't anticipate the winning streak going straight through the Super Bowl, right?

Good teams have bad games. Last year, the Patriots lost to these same Seahawks on the way to another NFL title. The previous season's champs, the 2015 Broncos, didn't score a TD in a loss to the 7-9 Raiders. Clunkers happen.

The Seahawks, despite defensive injuries, remain a pedigreed team. Pete Carroll ranks among the NFL's top coaches. Russell Wilson's magician turn Sunday night was in character for him. It's no fluke this franchise is now 43-8 at home since 2008.

That's no consolation today as your mind reels with Alshon Jeffrey's dumb holding penalty or Pederson's lack of onions at the end of the second quarter. Or, perhaps worst, the stomach-turning reality that it was Byron Maxwell, of all people, who punctuated the night with a game-clinching interception.

But, while the Eagles didn't get to doff their "NFC East Champion" caps in Seattle, they're still 10-2. Wentz didn't morph into Kevin Kolb. Pederson, despite your worst fears, won't prove critic Mike Lombardi correct in the end.

They have an easier remaining schedule than the Vikings, who travel to Carolina and Green Bay. The Eagles have one tough game left — next Sunday, at the 9-3 Los Angeles Rams.

The young Rams have a wunderkind 31-year-old coach in Sean McVay and a star-on-the-rise second-year QB in Jared Goff. Todd Gurley leads the NFC in rushing. Their defense leads the conference in sacks.

The game figures to be a great test of how the Eagles rebound from adversity.

And if they don't ... well, in that case, I'll meet you on the Ben Franklin Bridge.

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How can Eagles regain the No. 1 seed in the NFC?

The Eagles no longer hold their home playoff fate in their own hands.

EVAN MACY
@evan_macy
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The Eagles no-longer control their own fate as far as playing their way at home to the Super Bowl. Sunday's 24-10 loss to the Seahawks could very well cost them home field advantage throughout the playoffs — which could be make or break for a young team in which has shown it struggles playoff atmosphere.

Dipping down to the fourth tie-breaker, the Vikings would be the No. 1 seed if the playoffs started today due to their more difficult schedule. If they do hang on to the top spot, they could literally play at home for an entire month hosting a divisional game, NFC championship and eventually the Super Bowl all in Minnesota — a daunting task for any NFC team to overcome.

The Eagles have lost twice on the road now and have shown to be a little more vulnerable away from their friendly confines. What can Philly do to wrestle first place back?

Well, it starts next week, where the second test of their current three-game road trip kicks off in Los Angeles against the Rams. L.A. is kind of a home away from home for the Birds, who played what amounted to a home atmosphere back in October when they stomped the Chargers. The Rams are much more talented than the Chargers but, like the Eagles, have relied on a second-year quarterback and a weak schedule.

Week 14 is the last game Philly is expected to lose, according to fivethirtyeight.com's diction's model. A home stretch with games against the Giants, Raiders and Cowboys, with two at home, offer the Eagles a solid stretch to return to form with. Let's assume the model proves true, and the Eagles wind up with a 13-3 record, falling to the Rams but winning their last three.

The Eagles face one more playoff team before three winnable games back on the East Coast. GETTY IMAGES

Here's how the rest of the NFC could play out.

The Vikings are favored in all of their remaining games, the toughest of these is against the Panthers next week. They also have a potentially hairy match up against the Packers on Thursday night — who may have Aaron Rodgers back. They have no-brainer games left against the Bengals and Bears too. Minnesota is in the drivers seat.

New Orleans, Atlanta and Carolina — three NFC South threats to the Eagles — play one another so many times down the stretch it all but assures that Philly and Minnesota are in a head-to-head duel for the No. 1 spot (potentially also including Los Angeles if they beat Philly next weekend) but anything can happen. If Philadelphia can win out, they can put pressure on the Vikings and maybe hang on to grab a No. 1 seed. If they lose one of four, they probably can't catch Minnesota. If they drop more than one game they are at risk of falling into Wild Card Round territory with the NFC South teams and the Seahawks on their heals.

For much more Eagles content, visit **metro.us**

Things could get tight, and complicated as the final four games arrive. Stay tuned.

The race for the NFC

Here's how things shake out for each of the NFC's top contenders:

1. Vikings (10-2) — at CAR, vs. CIN, at GB, vs CHI
2. Eagles (10-2) — at LAR, at NYG, vs DAL, vs OAK
3. Rams (9-3) — vs PHL, at SEA, at TEN, vs SF
4. Saints (9-3) — at ATL, vs NYJ, vs ATL, at TB
5. Seahawks (8-4) — at Jax, vs. LAR, at DAL, vs AZ
6. Panthers (8-4) — vs Min, vs GB, vs TB, at ATL

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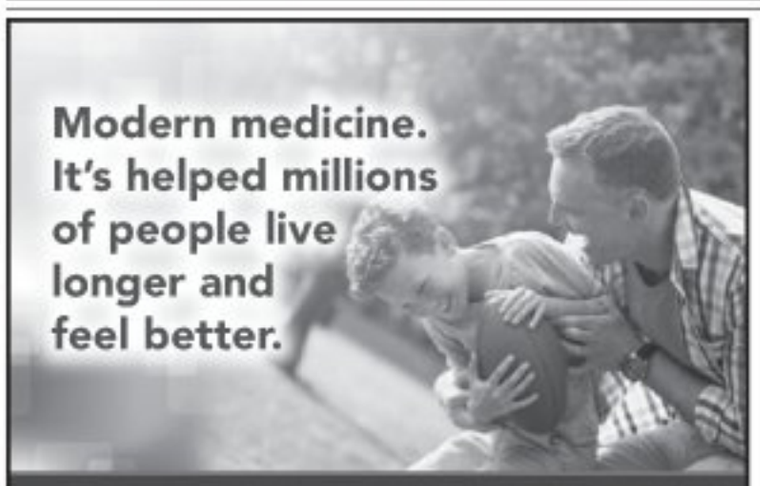

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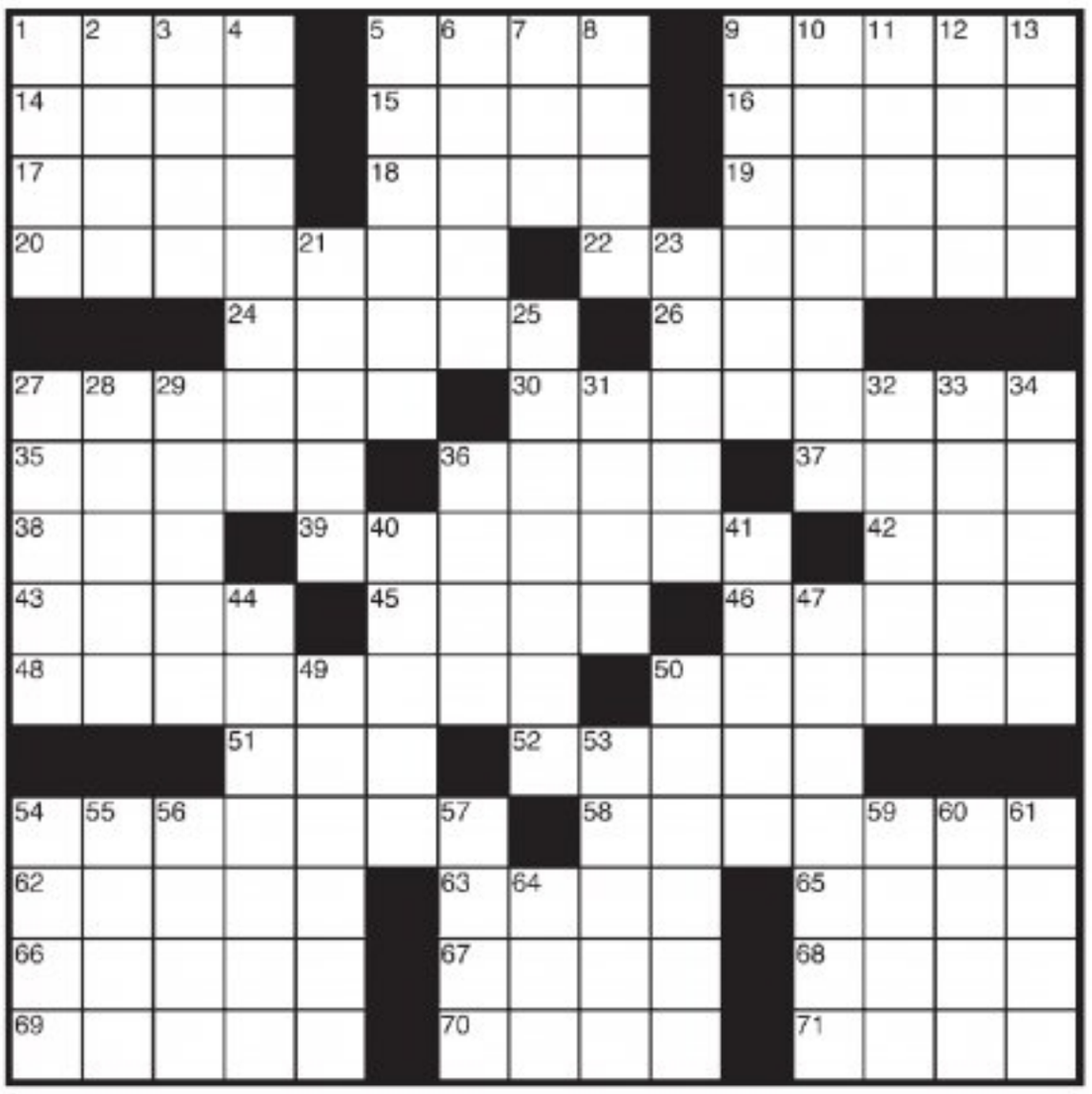
14 Skips past commercials
15-- Derr Biggers
16 Steal the scene
17 Commotions
18 Movie theater
19 "Peer Gynt" dramatist
20 Backed out
22 Most threatening
24 Not quiet
26 Civil War soldier
27 Bring out
30 Hypothetical
35 Harsh-voiced bird
36 Twisted
37 Playing with a full deck
38 Road show org.
39 Parsley or lemon slice
42 "Futureworld" name
43 Expense account
45 Smug
46 Planet's course
48 Checking for fit (2 wds.)
50 Bird sounds
51 Caesar's 1002
52 The fabulous Garbo
54 Chanted
58 Pouched animal
62 Queeg's ship
63 One of the woodwinds
65 Earthen jar
66 Disney site
67 Citrus tree
68 Now, to Caesar
69 Impertinent
70 Kites and blocks
71 Dolphin habitats

Down
1 Despot
2 Put cargo aboard
3 Bone -- --
4 Main part
5 Trickery
6 Attacks
7 Son of Prince Valiant
8 Dressing cheese
9 Hidden
10 Drinks
11 Stood up
12 Versatile vehicles
13 Thrilled
21 Leaving
23 Neutral tones
25 Bored
27 Blow one's top
28 Intense beam
29 -- tower
31 Toddler's bed
32 Perhaps
33 Mukluk wearer
34 Scottish Highlanders
36 A Guthrie
40 Farming major
41 Book genre (hyph.)
44 Obi go-withs
47 Motives
49 XC
50 Conical tents
53 Spacious
54 Finishes the cupcakes
55 Carquest rival
56 Tiny spasms
57 Numbskull
59 Veer off-course
60 Arm bone
61 Rain gear
64 College maj.



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easy

2	3		9			5		
5	1			2			3	
7			5	3				
8	2				7	9		
		3	4				8	1
				5	3			6
	7			6			4	8
		1			8		7	5

hard

	8	5	6			3		7
	9		5			2		1
3							5	
					6		1	
		3	2		7	8		
	4		9					
	3							5
4		8			9		6	
9		1			2	4	7	

metro.us/horoscopes

Aries Turn a negative into a positive by acting on instinct and revealing how you feel. Speaking from the heart will force others to be truthful when responding to you.

Taurus Attending a conference, taking a business trip or trying something you've never done before will provide insight into how you want to live your life.

Gemini Be more creative in how you approach your responsibilities or a job you've been given. Use your skills in diverse and innovative ways that will bring unique results.

Cancer Learn as you go. The experience you gain observing others and listening to their advice will help you make unique changes that could lead to progress.

Leo Take care of personal matters that need to be completed before the end of the year. It will ease your stress and give you more time to prepare for festivities.

Virgo Pay more attention to what others are doing or saying. Take the time to find out what you can do to improve your relationship with a personal or business partner.

Libra Stick to your budget, regardless of temptation. A unique approach to an old job will make it more fun and efficient, leaving you more time to do as you please.

Scorpio Changes at home that lower your overhead will help you put money aside for something you want to pursue. Set priorities and make your dream come true.

Sagittarius Make changes at home that will complement the way you live. Don't let an incident ruin your plans or sour your feelings for someone.

Capricorn Past relationships will be able to help you recognize what's happening in your personal life and decide whether you should make changes.

Aquarius Don't ignore an idea based on its source. Be willing to listen and work alongside others, regardless of their beliefs. Learn from whatever experience unfolds.

Pisces You'll discover an unusual opportunity that can lead to unexpected cash or gifts. If you share your thoughts and opinions, something good will happen. EUGENIA LAST

Yesterday's answers

G	I	G	S	■	A	P	H	I	D	■	P	L	A	N
I	V	A	N	■	B	U	E	N	O	■	R	I	L	E
L	E	G	O	■	A	G	I	N	G	■	O	B	I	S
A	S	S	O	R	T	E	D	■	E	F	F	E	C	T
■	■	■	P	O	E	T	I	C	■	R	U	L	E	S
H	E	W	E	D	■	■	■	H	A	Y	S	■	■	■
A	N	O	D	E	S	■	L	A	Y	■	E	M	I	R
R	I	O	■	■	E	L	A	T	E	■	■	L	O	U
E	D	D	Y	■	M	I	X	■	S	V	E	L	T	E
■	■	■	E	R	I	K	■	■	■	A	R	E	A	S
G	R	E	A	T	■	E	T	H	A	N	E	■	■	■
L	E	E	R	E	D	■	B	A	S	E	C	A	M	P
O	G	R	E	■	A	B	O	U	T	■	T	I	E	R
M	A	I	N	■	D	A	N	T	E	■	E	D	I	E
S	L	E	D	■	S	T	E	E	R	■	D	E	N	Y

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